

# OENZ 7-day Alpine Course Gear List & Lodge Information

A tramping/climbing pack is needed for the overnight camp out for this course.  
You are welcome to put your gear into a duffle and send your tramping/climbing pack up empty.

## Packing list for:

Gear List	
1x Waterproof Boots (See boot guide)	Towel & Toiletries
Dry bag/liner to keep gear dry	Comfortable and warm lodge clothes 2-3 sets
<b>2 x packs</b> 1 x 40-60ltr (day pack) 1x 65ltr + (overnight tramping pack)	Sleeping bag ( <i>to be used in overnight camp-out as well as in lodge</i> )
Buff/neck warmer	Slippers
3 pairs of gloves (2 for warmth and 1 pair for walking. <i>Mittens can be useful but should be additional to the 3 pairs.</i> )	Notebook and pen (optional)
Spare mid layer (fleece or mid weight merino)	Soft shell pants or light weight walking/tramping pants
Down/synthetic jacket	Sleeping mat (for camp-out)
Rain jacket & pants	Cooker & gas ( <i>can be provided</i> )
Water bottle – minimum 1ltr	Cup, bowl & spoon for camp-out
Sunscreen/lip balm 50+spf	<b>Mountain Clothing</b>
Head torch w spare batteries	2 pair thermal leggings
Personal meds	2-3 base layer tops (one should be long sleeve)
Personal Snacks/food	2-3 mid layer tops (Merino or fleece)
Sunhat & Beanie	Tramping Socks
Sunglasses (plastic frames if possible)	Sun shirt (optional)

<b>Extras you might like to bring</b>
Ski goggles (eyewear for bad weather days)
Bivvy bag or Tent
1 x Walking pole
Inflatable pillow for camp-out
Thermos for making a hot drink to take out on cold days
Charger cable for electronics
Compass
Lightweight fleece pants for camp-out
Book

### Technical Mountaineering Equipment List

OENZ will provide all of this equipment but we do encourage you to bring your own gear to train with if you have it.

<b>Walking Equipment</b>	Nuts, cams, pitons, hexes (trad rack)
Avalanche Rescue Kit: Transceiver (must be digital & 3 antenna), probe & shovel	Ice hammer or tech tool (2 <sup>nd</sup> ice axe or pair of tech tools)
Crampons	Belay device
Walking ice axe	6x Quickdraws
Helmet	Climbing harness
<b>Climbing Equipment</b>	3x Prussic cord (1x small, 1x medium, 1x large)
1x 7mtr Cordalette or very long sling/tape	4x locking Carabiners
1x Snow stake	2x Slings 120 cm
1x Alpine rope 50-60 mtrs	1 x rescue pulley (eg: petzl Micro Traction)

## Arthurs Pass Lodge – First Two Nights

The first two nights we will be staying at our Lodge in Arthurs Pass Village. The lodge has bunk-style accommodation with shared facilities. It has a full kitchen stocked with utensils, cookware, a fridge, and ovens. You'll also be treated to power, bathroom facilities, hot showers and heating. All you need to bring is your sleeping bag and pillow.

## Temple Basin Lodge – Last 5 Days

Temple Basin Lodge is set high up on the mountain in Arthurs Pass at 1370m. It is one of the oldest club ski fields in New Zealand formed in 1929. Set amongst Arthurs Pass most impressive mountains, we are in the heart of climber's country.

It boasts a goods lift to relocate all of our gear up the mountain, and we walk the 1-1.5hr long track to get to the lodge. We pick up our kit at the top good lift station and carry it the last 5 minutes up to our lodge.



### The Rooms:

The catered lodge (where we stay) has bunk room styled beds with 4-6 bunks in each room, and all the bunk rooms are upstairs.

Pillows and sheets are provided for all the bunks.

The rooms don't have power points but there are some power sockets in the hallway upstairs and throughout the dining/shared space downstairs. We normally have multi-boxes with us for charging transceivers and radios and we're always happy to share this station.

When we arrive we will find out which rooms we have been assigned and it is likely you will be sharing with other members of our group.

## Our Role

The lodge is run mostly by volunteers so everyone pitches in together to get the jobs done. The TB team are great at asking us to do jobs that will have the least amount of impact on our climbing days.

Your room number is also your cleaning group and we pitch in throughout the week to keep on top of the regular chores. Jobs we are asked to do are things like dishes, cleaning bathrooms and/or toilets, taking the rubbish to the top goods lift etc.

## Facilities at the lodge:

- Large boot room
- Large and very effective drying room
- Hot showers & bathrooms
- Chef on site – Breakfast, Lunch and Dinner – please note breakfast is normally continental style. **We do need to know if you have any dietary requirements so we can let the chef know.**
- There is an on-mountain bar that offers wines and craft beers as well as other non-alcoholic beverages. **Please note:** *that if you would like to have a beer or wine in the evening you are welcome to do this, but please limit your intake to not affect your climbing team or performance the following day.*
- Lecture theatre
- Friendly Staff – the TB team are always happy to help and will be the first point of call for any room or food-related queries once we're on the mountain. But your guides will be able to answer the easy questions.

*Note: The lodge does not have free Wi-Fi/internet. You can purchase this from the bar which is in small data packets. Please see bar staff for prices.*

The social/dining space is really large and we are often up at the mountains quietest times (midweek). There is usually plenty of space to spread out or find a quiet corner where needed and the lecture theatre offers a separate space (when not in use) to hang out in too.

Please respect the areas that are staff only or where we don't need to be, as this is their home for winter, and we are their guests.

Mostly we will be outside on the mountain climbing and learning, and the lodge will be a comforting base to reprieve from our days out. Enjoy the clubby vibe, the good people and the opportunity to rest before the next big day out.

